

ENNIS FRANCIS HOUSES SENIOR LUNCH PROGRAM[†] Abyssinian Development Corporation
 SPONSORED BY: PSS HARLEM

Please Join Us Daily: Monday - Friday, 10:00a.m. - 1:00p.m.
 For Continental Breakfast (10:00a.m. - 11:00a.m), Lunch & Much More!

HEALTH & WELLNESS  **WORKSHOPS**

LOCATED AT: 2070 ADAM CLAYTON POWELL, JR. BOULEVARD
 (124th Street between 7th & 8th Avenues)

THE ENNIS FRANCIS HOUSES SENIOR LUNCH PROGRAM IS
 Open to Harlem Seniors ages 60 & older!

 **SOCIAL ACTIVITIES** 

For more information, please contact Kim Smith at: 646-442-6134.
[†]\$1 Suggested Donation



Meals on Wheels
We deliver smilesSM



MEALS ON WHEELS

IN HOME NUTRICIAN FOR SENIORS



Meals-on-Wheels offers the choice of one or two nutritious meals provided seven days a week including holidays. We offer four diet options: regular, diabetic friendly, reduced fat/sodium, and easy to chew. Healthy food and Companionship of a volunteer food deliverer.

SENIOR CENTERS IN MOST CITIES



Social Activities
Fitness
Meals


ADULT DAY HEALTH CENTERS






In Home
SENIOR CARE

♥ **Because Home is Where the Heart is.**
Providing Respite care for family caregivers.



Technology—Great for Intergenerational Connection!




6 Person Board and Care




Assisted Living Facility

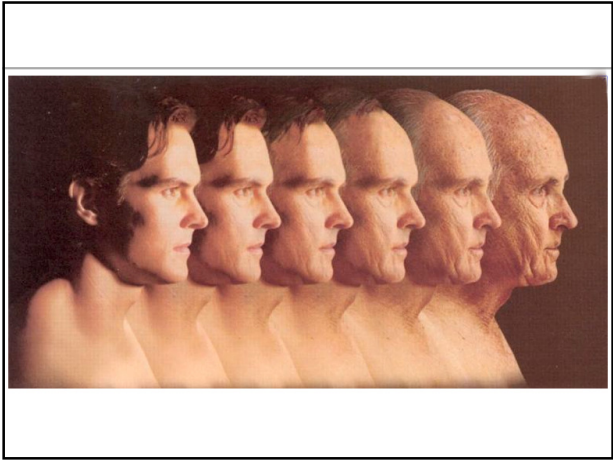
Police Department
Elder and Dependent Abuse Unit

Resources
Adult Protective Services (APS)
(800) 510-2020
San Diego County Aging and Independence Services
(800) 510-2020
San Diego County Mental Health Services Senior Services
(619) 692-8750
San Diego County Public Guardian
(619) 694-3500
State of California
Office of the Attorney General
Bureau of Medi-Cal Fraud/Elder Abuse
Prosecution Unit
(800) 555-5984
San Diego City Attorney's Office
Main Criminal Division
(619) 533-5500
Consumer Fraud Hotline
(619) 533-5600

Elder Abuse Hotline 800-510-2020
 In a continuing effort to protect elders, District Attorney Bonnie Dumanis has dedicated a special team of prosecutors, investigators and support staff to aggressively pursue criminals who prey upon the elderly.
 The Elder Abuse Prosecution Team identifies cases and seeks justice for elderly persons who may be victimized by dishonest strangers, caregivers and family members.




A Senior is questioned in Court



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The Family Handbook of Hospice Care



Coping with a loved one's terminal illness means more than pain management—it means sorting through legal and financial issues; dealing with feelings of denial, fear, guilt, and loss; and learning to make the most of each day.

When a loved one is dying, a number of painful questions arise:
 Why is this happening to us? Can we care for our loved one at home?
 How do we say goodbye? How do we arrange a funeral?

The Family Handbook of Hospice Care answers these basic questions, plus common concerns about hospice services, emotional and physical needs, death and dying, home care, legal and financial matters, bereavement, and more.

Fairview Health Services is a community-focused health system providing a complete range of services, from preventing illness and injury to caring for the most complex medical conditions. Headquartered in Minneapolis, Minnesota, Fairview is a not-for-profit organization affiliated with the University of Minnesota.

